

STEP-Home: TBI & Reintegration Workshop

Are you a post-9/11 Veteran frustrated with civilian life after deployment?



It is not “therapy.”

You will learn skills to help you:

- Deal with daily stressors and problems
- Handle emotions and cope with anger
- Better manage relationships
- Improve attention, memory, & concentration
- Better manage work & school challenges
- Deal with TBI symptoms such as irritability, frustration, dizziness, and headache

Workshops are open to all post-9/11 Veterans

Workshops meet once a week for 12 weeks at the Jamaica Plain campus of VA Boston, and you will have the opportunity to earn up to \$180.

Contact Us to Learn More!
Call Colleen @ 857-364-6637

STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637



STEP-Home Workshop
Call Colleen @ 857-364-6637